

Get the GLOW!

Sophie Farrah finds some fabulous facials to leave your skin primed for partying

Looking for a last-minute gift? All of the businesses featured here offer gift vouchers

Top PICK

Lift and sculpt

The renowned Emma Hardie Lift & Sculpt Facial is a non-invasive facial treatment that helps to drain away toxins, boost circulation and reduce puffiness, as well as release tension in the facial muscles to create a more sculpted profile.

Making use of the brand's heavenly scented, award-winning skincare products (including the iconic Moringa Cleansing Balm), it offers both relaxation and immediate, noticeable results. My skin glowed for days!

50 Hill Rise in Richmond is one of a small number of selected locations in the UK that offers this unique treatment.

■ £95 (60 mins); 50hillrise.com

For busy bees

The sublime Therapi Honey Facial uses the properties of honey and propolis to cleanse and massage the skin, treat fine lines and stimulate collagen, leaving skin radiant and soft.

Products are all by Therapi – a British-born sustainable skincare brand with organic formulations combining the regenerative effects of honey, age-defying propolis and bioactive plant extracts to nourish and revitalise skin.

■ £165 (60 mins); available at The Coach House Spa at Beaverbrook, near Leatherhead in Surrey; beaverbrook.co.uk/spa

A-lister lustre

Multi-award-winning salon and spa In Harmony Spirit & Balance, in East Moseley, has been in business for over 20 years, offering a huge choice of facials to suit all needs.

The salon has recently welcomed a brand new state-of-the-art CACI Synergy machine, which is said to reduce wrinkle depth and improve skin elasticity.

For immediately fresh, glowing skin, however, try the best-selling HydraFacial. Favoured by A-listers, this cult treatment uses a patented device to cleanse deeply and exfoliate with a gentle peel to uncover a new layer of skin. It then removes impurities from pores with gentle suction, before saturating the skin's surface with intense moisturisers and nourishing, personalised ingredients.

■ £154 (60 mins); inharmonyspiritbalance.co.uk

Let there be light

With soothing music, heated massage beds and soft lighting, luxury hair salon and spa Mary Ann Weeks, in both Guildford and Walton-on-Thames, offers a variety of customised facials using Aveda's natural, sustainable, plant-based products.

For a touch of high-tech, the Guildford branch has recently introduced LED Light Therapy – a revolutionary technique that offers numerous benefits such as managing acne and

oily-prone skin and improved skin texture and firmness.

■ Facials from £59 (45 mins), LED light from £95 (45 mins) or £30 add-on to any facial; maryannweeks.co.uk

A quick fix

Luxury beauty, makeup and skincare brand Charlotte Tilbury offers a selection of instore skincare services that will leave you red carpet ready – and best of all, some of them are free! The complimentary 15-minute Glow + Go facial includes makeup removal, a double cleanse, and a facial massage, plus expert skincare tips and tricks for your skin type from a trained facialist who will also apply a variety of products from

the brand's skincare collection, including its award-winning Magic Cream moisturiser.

■ Available to book in all UK stores, including Kingston (Fenwicks); charlottetilbury.com/uk/content/in-store-beauty-appointments

SEASONAL SKIN SAVIOURS

1 Farmacy Honey Potion Plus

Powered by a buckwheat honey blend that includes soothing propolis and amino acid-rich royal jelly, this cruelty-free face mask smells good enough to eat.

■ £36 (50g); spacenk.com/uk

2 Teoxane [3D] Lip

This lovely tube of plumping lip balm is packed with hyaluronic acid, collagen microspheres and shea butter. Great for keeping chapped lips at bay.

■ £35; teoxaneshop.co.uk

3 Skin Bureaux Body Souffle

Enjoy smooth, firm and hydrated skin with this luxurious body lotion packed with anti-inflammatory and antioxidant-rich ingredients such as CBD, CBG, retinol, hyaluronic acid and more.

■ £114; skinbureaux.com

THE SCENT OF THE SEASON

A beautiful bottle of perfume is a classic Christmas gift, and Molton Brown's Re-charge Black Pepper eau de parfum is at the top of my wish list. Made in England, this bold scent is a warm, sophisticated combination of black pepper, lemon and ginger with fresh notes of coriander, basil and violet leaf, and a woody base of green vetiver, oakmoss and ambergris. It's a cool, confident crowd pleaser. £120 (100ml), available in store at Molton Brown Kingston and good local chemists. ■ moltonbrown.co.uk

